

World Alzheimer's Day, September 21

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On September 21, 2008 Alzheimer's associations from around the world will come together to focus on raising awareness about Alzheimer's disease and other Dementias. World Alzheimer's Day was first launched on September 21, 1994 at the Alzheimer's Disease International conference to raise awareness about the disease and the impact it has on families and to rally people to get involved. It is estimated that 24 million people worldwide have some form of Dementia. Dementia is the collective name for progressive degenerative brain disorders which affect memory, thinking,

behavior and emotion. Alzheimer's is the most common form, accounting for 50-70% of cases. Dementia is not a normal part of ageing and it knows no social, economic, ethnic or geographical boundaries.

Alzheimer's disease destroys brain cells, slowly and painfully taking away the person's ability to connect with others, think, talk, walk and find their way home. Symptoms can include :

- Loss of memory
- Difficulty in finding the right words or understanding what people are saying

- Difficulty in performing previously routine tasks
- Personality and mood changes

Alzheimer's leaves no survivors and has no cure. There are no medications that halt or delay the disease's progression. But treatments for symptoms, combined with appropriate services and support can make life better for millions of Americans.

The Alzheimer's Association has a web site www.alz.org and a 24/7 Helpline: 1.88.272.3900 to help provide information regarding Alzheimer's Disease.

Documentation Tip of the Month



Not Documented, Not Done

If you didn't document it, you didn't do it!

Document thoroughly and carefully. It is difficult to prove what you have done, if it is not recorded in written form. Notes can show attention to, or lack of attention to, client care. Please complete documentation at the end of each shift. Your documentation is a reflection of you and your care giving.

Employee of the Month: Lisa Rainey



Lisa Rainey has been a valued member of the WellsBrooke team for 3 1/2 years. She is very dependable and hard working.

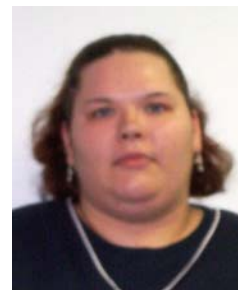
The staffing coordinators describe her as a pleasure to work with.

When Lisa is not working for WellsBrooke she dedi-

cates her time caring for her husband.

We are very proud of you Lisa.

Congratulations Lisa and keep up the good work!



September Birthdays



- | | | |
|--------------------|-------------------|-----------------|
| Julie Bisher | Sawania Johnson | Carolyn Theisen |
| Mary Jo Caldiran | Rachel Klotzhuber | Laura Thompson |
| Linda Ciminelli | Susanne Latessa | T'Meka Thorpe |
| Melissa Collier-El | Robin Laurain | Cheryl Walen |
| Carline Desir | Yatama Magee | Meri Williams |
| Courtney Gilcrease | Marlene Masterson | Chantel Willis |
| Sarah Gjokaj | Jennifer Parker | Tahlia Wilson |
| Shantelle Hawkes | Theresa Quinn | Mary Zychowicz |
| Anita Hudson | Diane Seegert | |

Staffing Corner: Fax Machines, Charting, Timesheets

We would like to announce that some of WellsBrooke's clients now have fax machines in their homes. If you are currently working a case where there is a fax machine, you will not need to mail the white copies of the paperwork. You will fax all paperwork into the office at the end of the week.

If you are working on a case that does not currently have a fax machine, it will still be

necessary for you to mail the paperwork at the end of the week.

In the past we have had difficulty getting all needed paperwork into the office on time. Whether mailing or faxing the paperwork, please make sure that it arrives at the office no later than Monday. If you are having any trouble getting the paperwork into the office please call us so that we may assist you in making sure the pa-

perwork arrives on time.

We can not issue paychecks until all necessary documentation is in the office.



Nursing Corner: UTIs - Signs, Symptoms and Prevention

A urinary tract infection occurs when bacteria gets into the bladder or kidneys and causes symptoms. Bacteria can grow and multiply in the urine, if urine remains in the bladder for prolonged amounts of time. (More than 6 to 8 hours)

Some causes of urinary tract infections are: not drinking enough fluids, not emptying the bladder, intermittent catheterization (which can push bacteria back into the bladder with each catheterization) and an indwelling catheter which provides a tract of entry for bacteria to enter the bladder.

Signs and Symptoms of a UTI are:

1. Fever
2. Chills
3. Leakages or voiding between catheterizations
4. Increased spasms of legs, abdomen, and bladder in clients with spinal cord injuries
5. Bladder spasms in most patients
6. Urinary frequency
7. Urinary urgency
8. Burning of the urethra, penis or pubic area
9. Nausea
10. Headache

11. Mild low back pain or other aches
12. Feeling “lousy” or tired
13. Sediment or mucous in the urine
14. Urine that is cloudy or has a foul odor
15. Blood in urine (pink or red urine)

Prevention of Urinary Tract Infections:

1. Hand washing
2. Emptying bladder at least every 6 to 8 hours
3. Drinking enough fluids to keep urine volume between 1 to 2 cups every 4 to 6 hours
4. Cleaning catheters (if reusable)
5. Early reporting of signs and symptoms of a urinary tract infection
6. Antibiotics when necessary

If you notice any of these symptoms in your client, please call WellsBrooke and notify the nurse of the symptoms and document the symptoms and the contact with the nurse. Please use the prevention suggestions to prevent a UTI from happening.

“Making a difference in the lives of others.”

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We're on the web!

www.WellsBrooke.com



Conduct Training Schedule

- *September 25 — Bronze Training*

Upcoming CPR Training

- *September 16— 9:30-12:30 CPR*

1:30- 4:30 BCLS

Call and reserve your spot ASAP — limited space is available. Cost is \$25 for CPR and \$35 for the BCLS.