

“Making a difference in the lives of others.”



October: National PT Month

Inside this issue:

<i>Employee of the Month</i>	2
<i>Birthdays</i>	2
<i>Staffing Corner</i>	2
<i>Nurses Corner</i>	3
<i>Training Calendar</i>	3

What we now celebrate as National Physical Therapy Month began in 1981 as National Physical Therapy Week and was celebrated in June.

In 1992 National Physical Therapy Week became National Physical

Therapy Month. The celebration was moved to October so as not to conflict with APTA's annual conference and exposition held each June.

National Physical Therapy Month has grown in popularity over the

years and it is now a recognized celebration in the National Health Observances Calendar. National Physical Therapy Month has become synonymous with the month of October for APTA members and their communities.

Documentation Tip of the Month



Take the Abbreviation Challenge

How many abbreviations do you know for the following 20 word. Look at the list and fill in the correct abbreviation for each of the following words. 18 to 20 excellent, 14 to 17 very good, 10 to 13 good and less the 10 you need help. Take out you approved list of abbreviations and take a few minutes to learn the correct abbreviation. Answers are on the last page of the news letter.

- | | | | |
|------------------------|--------------------|--------------------------------|--------------------------|
| 1.Occupational Therapy | 6.Tablespoon | 11. Activities of Daily Living | 16.With Out |
| 2.Pulse | 7. Vital Signs | 12. Ambulation | 17.Signs and Symptoms |
| 3.Symptoms | 8. Irregular | 13.Complaining of | 18.Regarding |
| 4.Suppository | 9.Nothing by Mouth | 14.Dressing | 19.Water |
| 5. Patient | 10.Range of Motion | 15.Drop | 20.With in Normal Limits |

Employee of the Month: Tammy Kulchar



The staffing coordinators speak highly of Tammy saying that she is very dependable and continues to help out whenever her client needs her.

Tammy has her Masters degree in Christine counseling for children. When not working, she enjoys spending time with her family.

Tammy is very hard working

and dedicated to her job. Tammy stated “ I love this job”.

Congratulations Tammy on being our October employee of the month. We are very proud to have you as part of the WellsBrooke team!

Congratulations Tammy and keep up the good work!



October Birthdays



- | | | | |
|--------------------|------------------|-------------------|-----------------|
| Marilyn Adams | Jennifer Holland | Jane Mitchell | Navneet Verma |
| Evette Adkins | TaSchema Hopkins | Gilvonna Murphy | Johanna Watts |
| Kristina Brooks | Tina Jackson | Cheryl Niedzielka | Melvina Wells |
| Lisa Brosius | Sheila Jenkins | Janae Parham | Janice Wertz |
| Annette Bussell | Jada Johnson | Tammy Robinson | Christine White |
| Tricia Colliflower | Cindy Kelley | Debbie Shew | Lakeya Williams |
| Kimberly Ferguson | Karen Krieger | Carolyn Smith | Analee Young |
| Lindsay Gerst | Elaine Lane | Ann Stone | |
| Sandra Gordon | Toni Lee | Patricia Taylor | |
| Deborah Holbrook | Chrystal Mapps | Laurie VanWagoner | |

Staffing Corner: New Skills & Office Communication

Do you have a new skill? Let us know

It is important that all Wells-Brooke staff members update the office with any new skill or experience that they have. If they receive a new certification or are enrolled in school for healthcare please let us know.

It is important that Wells-Brooke clients receive the highest level of care possible and that starts with sending qualified, trained staff to their home.

Every case is unique and requires certain skills in order to deliver optimal care for the client.

Please do not accept cases based on location only. We would like all staff to make sure that the cases they are accepting meet their qualifications. If a certain case does not meet their qualifications let it go to somebody that does have the experience to care for the client. WellsBrooke will continue to work diligently to place our staff

on cases.

We will be offering different in services and training courses to ensure that our staff is ready to meet all challenges that may arise in the field.

We will achieve our goal of premium care while we continue to work as a team. The field staff is the largest part of our team and communication with the office is crucial for our success.



Nursing Corner: Transfers

Transfer of client from bed to wheelchair or wheelchair to bed

1. A gait belt may be used to increase safety.
2. Slightly angle the wheelchair toward the bed. In most cases it is easier to transfer toward the patient's stronger side.
3. Lock the brakes of the wheelchair.
4. Remove armrest nearest the bed and move footplates out of the way if able.
5. Have the patient scoot forward in the wheelchair or to the edge of the bed or assist scooting at the hips if necessary so that the patient's feet can reach the floor.
6. Make sure the patient's feet are flat on the floor and the knees are bent such that the knees are over the toes.

7. Transfer motion should be a diagonal rocking motion, leaning the person forward slightly. Make sure your knees are against the patient's knees. Hands on the patient's hips or on the belt for support.

Coordinate with patient "1-2-3" to initiate stand pivot transfer to the bed or chair. After standing patient should be encouraged to assist in small steps and weight shifting to transfer. Patient should be reaching for the surface they are transferring to (bed or chair).

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**We're on the web!
www.WellsBrooke.com**



Conduct Training Schedule

- *October 23 — Bronze Training*
- *November 13 — Bronze Training*
- *November 20 — Silver Training*

Upcoming CPR Training

- *November 6 — 9:30-12:30 CPR
1:30- 4:30 BCLS*

Call and reserve your spot ASAP — limited space is available. Cost is \$25 for CPR and \$35 for the BCLS.

Answers to Abbreviation Challenge:

1.OT 2.P 3.sx 4. supp 5.pt 6.tbasp 7.V.S. 8.irreg 9.NPO 10.ROM 11.ADL 12.amb 13.c/o 14.drsg 15.gtt 16.w/o 17.s/s 18.re 19.H2O 20.WNL