

WellsBrooke

PREMIUM HOME CARE SOLUTIONS SM

“Making a difference in the lives of others.”

October: Breast Cancer Awareness Month

Mammogram. Does that word make you cringe?

Let’s face it, you’re not looking forward to having your mammogram, but you know you need it. Chances are, you don’t have breast cancer, so go ahead and offer yourself some peace of mind by having that simple breast x-ray — this year and every year — starting at age 40.

If a lump is found early, while it is still small and before symptoms appear, you have more options for treatment. Early detection means you have a better chance of saving your breasts, and your treatments will almost always have fewer side effects.

If a mass or something suspicious is found, you may have more pictures taken of your breast. An ultrasound might also be done. Sometimes the doctor may use a thin needle to remove fluid or a small amount of the suspicious area. This test



will show whether it’s a non-cancerous fluid-filled cyst, or a solid mass, which may or may not be cancer.

In other cases, the doctor may choose to do a biopsy to determine for sure if cancer is present or not. But even if you are told you need a biopsy, remember that more than 80 percent of lumps or suspicious areas are NOT cancerous.

Reasons you should get a mammogram:

- Finding breast cancer early can save your life.

Finding breast cancer early can save your life. Be sure to get a mammogram every year starting at age 40.

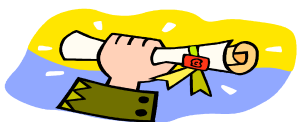
(American Cancer Society)

- As you get older, your risk for breast cancer increases. More than three-fourths of all breast cancers occur in women over 50.
- Most women diagnosed with breast cancer have no family history of breast cancer.
- Early detection often means less surgery.
- A yearly exam can give you peace of mind.

If you aren’t sure where to get a mammogram, check with your doctor. If you are concerned about cost, you may be able to get a mammogram through a special program offered in your community. For help finding a place to get a quality mammogram, call your American Cancer Society at 1-800-ACS-2345.

(American Cancer Society)

Look for your Invitations



WellsBrooke has important training scheduled over the next couple of months. We are about to present a Silver Level Training on October 11 for anyone who has already completed the Bronze level in our Code of Conduct Training.

On November 29, the Gold training is being offered to caregivers who have completed the first two levels: Bronze and Silver.

Watch your mail for invitations, and be sure to call the office and speak to Luanne to RSVP—to let us know you will be attending.

We are excited about presenting another group of WellsBrooke Caregivers with their bonuses and awards for achieving Gold!



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We’re on the Web!

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Meet Your Coordinators: Rochelle Johnson

Rochelle's sense of style is not a surprise to anyone who knows her well, since she has spent years designing clothes for friends and family, even local entertainers and artists. Her designing career has provided her the opportunity to meet some prominent people over the years. She continues to design and sew on a part-time basis even today.

Rochelle Johnson has been a WellsBrooke employee for about 5 years. She started as a caregiver in the field, caring for clients, then became our official on call coordinator, covering the phones during evenings and weekends. Most recently, she has moved into one of our staffing coordinator positions in the office.



Rochelle and husband, Kevin.

Rochelle lives in the Inkster area with her husband, Kevin, of 29 years, who works as an electrician at General Motors.

Of course, Rochelle is proud of her 2 children, Richard and James, but she really lights up when you ask her about her 6 grandchildren who range in age from 7 months to 9 years.

She spends a great deal of time with them, camping, fishing, and just generally spoiling them!

Last spring, Rochelle and her husband, Kevin, celebrated their 29th anniversary by taking a cruise to the Western Caribbean along with some friends and family. She came back with a batch of beautiful pictures (see one to the left), along with some amazing stories.

As a coordinator for WellsBrooke, Rochelle is known for her straightforward approach, along with her ability to get along with just about anyone.

WellsBrooke is delighted to have Rochelle as a company representative in the position of Staffing coordinator.

Employee of the Month: Yatama Magee



When a WellsBrooke staffing coordinator hears the name, "Yatama Magee", they know their client is going to be well

cared for. Yatama is one of a kind. She is a hard-working, reliable aide at WellsBrooke who always thinks about her client's needs first. Her can-do spirit and sense of humor make such a difference in dealing with any case.

Rochelle Johnson, Staffing Coordina-

tor, loves Yatama because she knows that "when Yatama is on the case, things will be taken care of and you won't have to worry about it anymore. She's very confident of her skills."

Yatama has been on many different cases over the years, including some of our more challenging cases, and almost always finds a way to make it work.

Because of her commitment to excellent customer service and her positive attitude, Yatama has been nominated as the Employee of the Month for October.



We salute you, Yatama!

Congratulations !

Happy Birthday to You!

Annette Bussell

Glenda Cole-Dixon

Karrie Cook

Kimberly Ferguson

Brittney Funchess

Jessica Gooch

Sharron Griffin

Cherie Henderson

Deborah Holbrook

Jennifer Holland

TaSchema Hopkins

Ann Stone

Patricia Taylor

Navneet Verma

Lakeya Williams

Carol Jenkins

Sheila Jenkins



Belinda Johnson

Jada Johnson

Rochelle Johnson

Leisa Kabarowski

Elaine Lane

Mary Mazur

Desharra McKinley

Cindy Mitchell

Jane Mitchell

Gilvonna Murphy

Antoine Pierce

Denise Pierson

Frances Saint James

Linda Melnick

Sherri Doyle

Stay OFF the Phone! (please)



We're not always aware of how our actions affect those around us: our clients our coworkers, even the company we work for. One example is when you take personal

phone calls at work. Here is how it might make others feel:

- Neglected or ignored.
- Concerned that you are spending work time doing personal work.
- That it is rude for you to be talking to someone else on the phone when they are directly in front of you.

- Uncomfortable hearing details about your personal life on a regular basis.

As you know, WellsBrooke management has very strict policies about phone use while on an assignment. The Handbook states:

“Personal telephone calls should only be made or accepted during the scheduled break or meal period, except in the case of emergencies.

Cellular phones worn on assignment should be set on vibrate and used for emergencies only. Client phones should be used exclusively for client business, and then only with the permission of the client.”

Employee Referrals

Not only do we need home health aides with excellent experience, WellsBrooke is also in urgent need of nurses, OTs, PTs and SLPs. As you know, we have bonuses available for employees who refer any of these professionals.

Please keep us in mind as you talk to friends, family and neighbors in the community.

In addition to our Plymouth office, we have an office in Lansing and a brand new office in Ohio which needs to be fully staffed. We appreciate your help!

Get your shirts today

You may remember that the WellsBrooke dress code in our handbook states that you are required to “maintain a clean, neat appearance. The following types of dress are not allowed: shirts that display any type of writing, logo or message, shirts that expose the midriff, low-cut or tank tops, low-riding pants or skirts, sundresses, and sweat suits. ***Clothing that is monogrammed with the WellsBrooke logo is acceptable.*** “

What a perfect reason to consider getting a couple of shirts monogrammed with the WellsBrooke logo at a terrific price. Very soon, the price will be going up! So it's a good time to stock up and save some money!

As you know, we offer the shirts in a couple of different styles: v-neck cotton t-shirts and polos, both in a variety of colors and in sizes ranging from small to 3X. The t-shirts are 5 dollars and the polos are 11 dollars.

Please call Jennifer or Marissa in the office and make an appointment to drop by the office to get your WellsBrooke shirts this week. If you are scheduled on a case, you can have the shirt cost deducted from your paycheck.

Happy shopping!



New Recruiters!

You may have noticed some new faces in the Human Resources Department at WellsBrooke. We have two new recruiters! We would like to welcome Jennifer Mitchell and Marissa Tesolin to our team.

They, along with Luanne Berk, focus on finding, interviewing and training new



Jennifer Mitchell, left. Marissa Tesolin, right.

employees. They also process all the new employee paperwork.

Jennifer Mitchell is a recent graduate of Western Michigan University with a degree in Interdisciplinary Health Services. While in school, Jennifer spent time working in the health care field as an aide for a private duty client and in a nursing home. She also led cheerleading and dance classes for kids. She is engaged to be married in the summer of 2009. In her free time, Jennifer enjoys boating, reading, and playing tennis.

Marissa Tesolin graduated from Michigan State University recently. Her major was Interdisciplinary Studies in Social Science. While at State, she worked as a tutor for student athletes, and in the summer of 2007, she completed a human resources internship at First Investors in Livonia. Marissa's hobbies include: reading, talking on the phone, and listening to music.

Take some time to get to know Jennifer and Marissa. They are wonderful additions to the WellsBrooke team.

Food for Thought:

Kind words
can be short
and easy to
speak, but
their echoes
are truly
endless.

—Mother Theresa