



August is National Immunization Month

Inside this issue:

<i>Attitude</i>	2
<i>Employee of the Month</i>	2
<i>Birthdays</i>	2
<i>Staffing Corner</i>	3
<i>Nurses Corner</i>	3
<i>Training Calendar</i>	4

Did you know that millions of deaths and other tragedies have been prevented because of immunizations? Since the introduction of vaccines by scientist Jenner over 200 years ago, nine major diseases have been controlled. Diseases like tetanus, diphtheria, mumps and rubella have almost been eliminated; polio has been eliminated from the Americas and smallpox has vanished globally. Immunization has reduced the occurrence of measles, pertussis and meningitis.

Before vaccines, parents in the United States could expect that

every year:

- Polio would paralyze 10,000 children.
- Rubella (German measles) would cause birth defects and mental retardation in as many as 20,000 newborns.
- Measles would infect about 4 million children, killing 3,000.
- Diphtheria would be one of the most common causes of death in school-aged children.
- A bacterium called *Haemophilus influenzae* type b (Hib) would cause meningitis in 15,000 chil-

dren, leaving many with permanent brain damage.

- Pertussis (whooping cough) would kill thousands of infants.

Immunizations start right after birth, and many are given throughout a baby's first 23 months. Booster shots (the later doses of any vaccines that need to be repeated over time) occur throughout life. Fewer immunizations are needed after age 6. But older children and teens need shots too (such as those for bacterial meningitis and for tetanus, diphtheria, and whooping cough).

Documentation Tip of the Month



Weight bearing status is to be determined by the physician.

Your care plan will state what the client's weight bearing status is and this is to be documented on each of your client care records.

- WBAT = Weight bearing as tolerated
- PWB = Partial weight bearing
- FWB = Full weight bearing
- NWB = Non weight bearing

If the client is not following the doctor's orders for weight bearing status please contact the WellsBrooke office and notify the nurse of the non compliance with weight bearing status and document your call and the non compliance.

Attitude by: Charles Swindoll

The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failure, than successes, than what other people think or say or do. It is more important than appearance, gift-

edness or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for the day. We cannot change our past...We cannot change the fact that people will act a certain way. We cannot change the inevitable. The

only thing we can do is play on the string we have, and that is our attitude... I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...we are in charge of our attitudes.

Employee of the Month: Tabisha Ali



Tabisha is a special person. She makes extra efforts to please the client. She is always ready and willing to help out when needed. According to the staffing coordinators Tabisha can handle any situation she comes across with great compassion and professionalism. We are very proud to have her as a part of our team. We would

like to congratulate Tabisha on her six year anniversary with WellsBrooke.

When Tabisha is not working, she enjoys volunteering her time to the youth program at her church. She also enjoys working out at a fitness center.

Congratulations Tabisha!



August Birthdays



Alexander Latina
Julie Bachi
Amanda Bashaw
Felicia Benson
Holly Bertasso
Evelyn Ekeng
Michelle Ellis
Vivian Fru
Yvonte Graham
Leslee Hamadeh
Linda Harper
Sarah Heckaman
Kimberly Howell

Tiffany Jones
Katie Lee
Deshonna Martin
Krystal Matesic
Beth May
Teresa May
Jennifer McCloud
Brittney McGee
Christine McLennan
Cynthia Meadows
Brianna Michalski
Denise Palin
Susan Phifer

Charlotte Pitts
Kimberly Pope
Kenya Pride
Theresa Roncevich
Ashli Ruth
Teresa Ryans
Barbara Scheer
Veronica Taylor
Barbara Weishihn
Caleda Williams
Shanda Yenglin

Staffing Corner: Cell Phone Usage

A quote from the WellsBrooke handbook:

Personal telephone calls should only be made or accepted during scheduled break or meal periods, except in the case of emergencies. Cellular phones worn on assignment should be set on vibrate and used for EMERGENCIES ONLY.

Cell phones have become the subject of numerous complaints from our clients. We would like to take a moment to remind all of our staff that cell phones are to be used for emergency calls only. It is not acceptable to be on your phone during your shift at a client's home.

It has come to our attention that some of our staff are consistently using their cell phones/ blue tooth's during their shifts. The clients find this very offensive and rude. Our primary focus is always the client and his/her safety. It is impossible to hear and care for our clients while on the phone.

We would like the staff to know that we will be making random visits to each client's home and we will be looking for cell phone usage. We also will investigate every report made by the client of cell phones being used during your shift.

Please have respect for our clients. Do not use your cell phones during working hours unless it is an absolute emergency.



Nursing Corner: Universal Precautions

Universal precautions require you to treat all clients as though they may be infectious and they are to be used everyday, with every client, in every home. Universal precautions protect you from contact with infectious substances such as blood, body fluids, secretions and excretions, non-intact skin and mucous membranes, as well as from contact with potentially contaminated objects and surfaces.

Effective hand washing and the use of gloves are the most widely used forms of universal precautions. Gloves are the primary barrier between your hands and the infectious substances. Gloves are single use and disposable. Never wash and reuse gloves. Remember to remove your gloves before you leave the work area. Always wash your hands before putting on gloves and always wash your hands after removing your gloves. Hand washing keeps you from transferring contamination from your hands to other people or objects or to other areas of your own body.

While on the job always follow universal precautions to protect you and your client from infectious substances.



Effective Hand Washing

Hand washing is something that we do so frequently, that we tend to forget its importance.

The Steps To Proper Hand Washing Include:

1. Use liquid soap, rather than a bar of soap whenever possible.
2. Vigorously lather hands with soap and warm water, wash between fingers, under nails and the wrist area.
3. Wash for at least 15 seconds.
4. Rinse well with warm water and dry well with a paper towel. If no paper towels are available use a clean towel.
5. Turn off faucets with a dry paper towel or dry towel.
6. Properly dispose of the paper towel.

Effective hand washing is the duty of all home care personnel. Wash your hands at the start of your shift, before and after client care, whenever contacting bodily fluids, before preparing meals, at the end of your shift and whenever you remove your gloves.

"Making a difference in the lives of others."

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We're on the web!

www.WellsBrooke.com



Conduct Training Schedule

- *August 21—Gold Training*
- *September 25 — Bronze Training*

Upcoming CPR Training

- *September 16— 9:30-12:30 CPR
1:30- 4:30 BCLS*

Call and reserve your spot ASAP — limited space is available. Cost is \$25 for CPR and \$35 for the BCLS.

The Reminder of the Month (ROM)

The WellsBrooke office is now open 7 days a week:

Monday thru Friday from 8am-5:30pm

Saturday and Sunday from 9am-5:30pm

You still have access to someone after hours. **Please reserve these phone calls for emergency calls only.**

If you are running late to a client's home, please call the client directly to inform them.

If you would like to be informed of who will be relieving you from your shift, please call during normal business hours. (This is not considered an emergency and should **not** be handled through the after hours phones.) If there is not a current schedule at the client's home, please inform the office during business hours, and we will send a copy to the home. If your relief does not arrive on time, please be patient

and understand that unintentional delays do occur. Please notify the office or the after hours phone if relief has not shown up 15 -20 minutes after the scheduled start time.

Here are some examples of when you should call the after hours phone:

**The client has had a change in status (mental or physical) including falls or injury.*

**Emergency services have been contacted for your client such as an ambulance or fire department.*

**If you have fallen or have become injured during your shift.*

Please keep these guidelines in mind as you continue to strive toward excellent customer service!