

“Making a difference in the lives of others.”

WellsBrooke

PREMIUM HOME HEALTH CARE



WellsBrooke Hosts 2010 Caregiver Retreat

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On March 25, 2010, WellsBrooke held their 3rd annual Caregiver Retreat at the Eagle Eye Golf Clubhouse in East Lansing. The purpose of this retreat is to serve those who, day in and day out, selflessly take care of their family members or friends. We recognize what a toll this takes on the caregivers.

Three years ago, our own Sherry Gast from the East Lansing office came to us with the idea to have this

event and, in a special way, give back to the community. WellsBrooke proudly committed as the main sponsor. Our first year, we had 30 participants, last year we had around 70 and this year we had 192 wonderful caregivers. They enjoyed a day designed specifically for them to relax, restore and renew.

We would like to thank all the sponsors, vendors, and especially the volunteers who helped us in this en-

deavor. A big special thank you to the retreat committee, whose members spent hours of their own time to make this happen: Sherry Gast, Lori Brandenburg, Jennifer Pascoe, Jill Clouser, Marsha Madle, Nancy Collins, Nora Luke, and the WellsBrooke interns, Lindsey Legacki and Carly Burgio.

We hope you enjoy the following pictures from the day of the retreat.

Training Schedule:

- April 15 Bronze Training
- April 27 Silver Training



April Birthdays



Jennifer Barton
Amanda Bartz
Linda Boston
Gloria Campbell
Janice Carter

Amber Drewyor
Katrina Ehr
Barbara Fanning
Natria Fulton
Marcy Gibson

Sara Giesmann
Shawna Graca
Deborah Knight
Brenda LaPierre
Joanie Lawrence

Stephanie McLean
Barry Melnick
Amie Meyette
Lacey Ruiz
Jackie Wackerle

Employees of the Month: Rebecca Hilliker and Holly McIntyre

This month we are happy to share a letter from Daniela, the wife of our client, Luke. Luke is pictured at right with Holly (top) and Rebecca (bottom).

Dear WellsBrooke,

Hi! We just wanted to write a little note to WellsBrooke to let them know that we would like to nominate Rebecca Hilliker and Holly McIntyre as employees of the month. We think that they are two of the most amazing people that we could have working for us. They have so much compassion for what they do here in our home

for my husband Luke. They are also so kind and thoughtful to Luke and myself. We appreciate how committed they are to following Luke's care plan, whether it is the night or morning routines. So we just want them to be recognized as great employees and also want them to know we love them and thank them so much!

God bless you both and once again, Thank You!

Love,
Luke and Daniela



Recipe

Corn Casserole

- ❖ 1/2 cup butter, melted (1 stick)
- ❖ 1 egg, beaten
- ❖ 1 (8.5 ounce) package dry corn bread mix
- ❖ 1 (15 ounce) can whole kernel corn, not drained
- ❖ 1 (14.75 ounce) can creamed corn
- ❖ 1 cup sour cream
- ❖ Optional – 1/2 cup sautéed chopped onions

Directions:

1 Preheat oven to 350°F. (175° C.), and lightly grease a 9x9 inch baking dish or 2 quart casserole dish.

2 In a medium bowl, combine butter, eggs, corn bread mix, whole and creamed corn and sour cream. Spoon mixture into prepared dish.

Bake for 45 minutes in a preheated oven or until the top is golden brown.

From Sherry Gast

Nurses' Corner: You're invited to a Party

Nurses' Day Celebration

Honoring WellsBrooke's

Home Health Aides and Nurses

Thursday, May 6th from 1:00 pm to 6:00 pm

HHA and Nurse of the Year presentation at 2:00 pm

Educational speakers, vendors, massages, manicures, Jewelry- making, refreshments and much, much more!

The celebration will take place at our Plymouth office

42235 East Ann Arbor Road
Plymouth, MI 48170

Please RSVP to 734-468-1770 by May 1st, 2010



Caregiver Retreat Talk:

You all must be exhausted! But I hope you feel great about the Caregiver Retreat. I got there after lunch and enjoyed the afternoon – floating from table to table, meeting others, having fun, exchanging info. People were clearly having a great time!

You are doing a real service! And thanks, as a caregiver, for a lovely afternoon!

Bonnie Mayers, Elder HeArt Tours